



**Title: SYCFIM, Clinical Study in Patients with Stress Urinary Incontinence, Urgency and Mixed.**

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**Abstract**

This research confirms that the new hysterectomy surgical technique, SYCFIM, achieves the curative treatment of patients with stress urinary incontinence, urgency, and mixed incontinence. With this surgical technique, the anatomical restoration of the urethral vesicle to its original position is achieved, thus eliminating the most important causes of these incontinences. It was evidenced in the study that in the early postoperative control of the SYCFIM technique the disappearance of urinary incontinence was achieved in all patients, it was also observed that a few years later some patients reported the reappearance of incontinence in patients who stopped exercising Kegel, and the patients who resumed Kegel exercise incontinence disappeared again, establishing that this exercise is relevant in the treatment of urinary incontinence. A small group of patients who could not or did not want to do the Kegel exercise were provided with electrostimulation equipment that is used in physiatry, achieving a positive response to the disappearance of incontinence in all these patients. The evaluations of the type of incontinence presented by the patient, the postoperative evolution of the presence or absence of incontinence, and its management with kegel exercise were carried out by a professional psychologist. The results obtained with the SYCFIM technique for stress incontinence, emergency and mixed, force the urology and gynecology guild to review the traditional technique, which could even be classified as iatrogenic, since it increases the incidence of urinary incontinence twice and a half time.

**Biography**

Médico Cirujano de la Universidad del Valle, Colombia y Magister en Ginecología y Obstetricia.

Universidad Autónoma de México, México DF. Actualmente ejerce como médico cirujano en la unidad de ginecología del hospital "Raúl Orejuela Bueno", de la ciudad de Palmira, y también es profesor en obstetricia a los estudiantes de último grado de medicina de la Universidad "San Martín de la ciudad de Cali. Los últimos 15 años está dedicado al desarrollo de una nueva técnica de histerectomía que reutiliza las estructuras de sostén del útero, y la fijación de estas a la cúpula, con lo cual desaparece las causales de la incontinencia urinaria.

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