



Title: SYCFIM, Clinical Study in Patients with Stress Urinary Incontinence, Urgency and Mixed.

Author: Oscar Raúl Muñoz Ángel

Affiliation: *Gynecology Department, Hospital "Raúl Orejuela Bueno", Palmira, Colombia.*

Country: *Colombia*

Coauthors:

Miguel Ángel Gómez, Protection Direction, "Institute of Family Welfare of Colombia", Cali, Colombia.

Cristian Mauricio Bedoya, Emergency Unit, Hospital "La Buena Esperanza", Yumbo, Colombia.

Abstract

This research confirms that the new hysterectomy surgical technique, SYCFIM, achieves the curative treatment of patients with stress urinary incontinence, urgency, and mixed incontinence. With this surgical technique, the anatomical restoration of the urethral vesicle to its original position is achieved, thus eliminating the most important causes of these incontinences. It was evidenced in the study that in the early postoperative control of the SYCFIM technique the disappearance of urinary incontinence was achieved in all patients, it was also observed that a few years later some patients reported the reappearance of incontinence in patients who stopped exercising Kegel, and the patients who resumed Kegel exercise incontinence disappeared again, establishing that this exercise is relevant in the treatment of urinary incontinence. A small group of patients who could not or did not want to do the Kegel exercise were provided with electrostimulation equipment that is used in physiatry, achieving a positive response to the disappearance of incontinence in all these patients. The evaluations of the type of incontinence presented by the patient, the postoperative evolution of the presence or absence of incontinence, and its management with kegel exercise were carried out by a professional psychologist. The results obtained with the SYCFIM technique for stress incontinence, emergency and mixed, force the urology and gynecology guild to review the traditional technique, which could even be classified as iatrogenic, since it increases the incidence of urinary incontinence twice and a half time.

Biography

Surgeon from the Universidad del Valle, Colombia and Master in Gynecology and Obstetrics. Autonomous University of Mexico, Mexico City. He currently works as a surgeon in the gynecology unit of the "Raúl Orejuela Bueno" hospital, in the city of Palmira, and is also a professor in obstetrics to the students of the last degree of medicine of the University "San Martín of the city of Cali. The last 15 years he is dedicated to the development of a new hysterectomy technique that reuses the supporting structures of the uterus, and the fixation of these to the dome, with which the causes of urinary incontinence disappear.

Recent post:

1. Pizzol, D. et al. (2020). Urinary incontinence and quality of life: a systematic review and meta-analysis. *Aging Clinical and Experimental Research*, 33:25–35.
2. Kegel exercise efficiency evaluated by urodynamic study in patients with urinary incontinence Gutiérrez-González A, Álvarez-Tovar LM, García-Sánchez D, Pérez-Ortega R, Guillen-Lozoya AH *Rev. Mex: Urol*:2019;79(2): pp.1-8.

2nd International Conference on
GYNECOLOGY, OBSTETRICS AND WOMEN'S HEALTH

November 28-30, 2022 | Paris, France

<https://www.gynecology.scientexconference.com/>

✉ gynecology@scientexconferences.com

☎ +1 346-348-1205



3. Álvarez-Tovar LM, et al. Kegel exercise efficiency evaluated through urodynamic study in patients with urinary incontinence. Rev. mex. urol. 2019, vol.79, n.2, e02. Epub 27-Nov-2020. ISSN 2007-4085.
4. Kegel exercise efficiency evaluated by urodynamic study in patients with urinary incontinence Gutiérrez-González A, Álvarez-Tovar LM, García-Sánchez D, Pérez-Ortega R, Guillen-Lozoya AH Rev. Mex: Urol:2019;79(2): pp.1-8
5. Torquedo de la Torre F., Zarco Rodríguez J. Guide to good clinical practice in Urinary Incontinence. Primary care. Ed. International marketing & communication S.A. Madrid. Ministry of Health and Consumer Affairs and Collegiate Medical Organization. 2019-11-6

Email ID: ormangel62@hotmail.com

Presenter Name: Oscar Raúl Muñoz Ángel

Type of Presentation: Speaker

Contact Number: +57 315-467-9707



Right-click on the image to change the image

