

Pregnancy in woman with Fowler Syndrome

A favourable outcome of a 31-year-old pregnant woman with underlying Fowler's syndrome along with focal epilepsy, Hypothyroidism and Asthma. Fowler's syndrome is a cause of urinary retention in young women. The abnormality lies in the failure of urethral sphincter to relax, hence the main concern is to ensure adequate bladder emptying. Our patient went through self-catheterisation and suprapubic catheters after which she had the Mitrofanoff procedure to help manage her symptoms. Upon getting pregnant the main concern was recurrent urinary tract infections and pelvic pain requiring hospital admissions for parenteral antibiotics and analgesia. She underwent Induction of labour at 39 weeks and delivered a healthy infant. Post-natal recovery was complicated with worsening of seizures, was managed with support of neurology team input.