

Audit on Maternity Bladder Care

February 2021

OVERVIEW

Postpartum urinary retention is a vaguely defined condition. It is not a common but a distressing condition that may have long term consequences. We conducted an audit to study the factors in our hospital that determine it's prevalence.

GOALS

1. To study antepartum, intrapartum and postpartum bladder care
2. To study the cases of urinary retention post delivery and their management

METHODOLOGY

Random 50 case notes studied in the month of February to identify deficiencies in the intrapartum and postpartum bladder care. Cases of urinary retention for a period of one year over 2020-2021 studied to follow management and recovery patterns

RESULTS

Intrapartum and postpartum care

76% had adequate intrapartum bladder emptying at regular duration. Post delivery only 78% had urinary voids at a set time duration and was measured and documented as per policy.

Bladder retention cases

We identified 25 cases of retention over a period of one year (6000 delivery rate per annum). Most cases recovered well except 3 who required long term urology input.

CONCLUSION

Post delivery bladder problems can be prevented by adequate measures. Management of urinary retention postpartum involves teamwork and prolonged time.